

Name:

Iceberg Activity: “What exists in your iceberg?”

Directions: Below is an image of an iceberg. “What exists in your iceberg, both above and below the “waterline”?”

First, write down the parts of your identity that you share with others, or that is seen by others, in the iceberg space above the “waterline”. Then, write down the parts of you that are not visible to others and may appear in your iceberg below the “waterline.”

